



SELF & FAMILY MANAGED CARE

An option offered by the WRHA Home Care program

Self Managed Care enables clients with assessed Home Care needs to accept full responsibility for their personal care as Self Managers. Individuals who choose this option rather than receiving their service through the regular Home Care Program are responsible for coordinating, managing, and directing the non-professional services they need to remain living at home and in the community.

Family Managed Care enables the families of clients with assessed Home Care needs to accept full responsibility for their family member as a Family Manager. The Family Manager who chooses this option for meeting their family member's needs is responsible for coordinating, managing and directing the non-professional services needed by their family member to remain living at home and in the community.

How Do I Apply?

- a) To apply for the SFMC Program you or your family member need to be a client of the WRHA Home Care Program and be eligible to receive Home Care attendant/homemaker services. If you or your family member is already receiving services from the WRHA Home Care Program, contact your Home Care Case Coordinator to discuss your interest in SFMC.
- b) If you or your family member is not a client of WRHA Home Care and would like to determine eligibility for WRHA Home Care services including SFMC; **please call the WRHA Home Care Intake Line at (204) 788-8330.**

Key Points about the Program:

- c) Self/Family Managers will receive funding to either purchase services or to employ staff following the completion of a formal application assessment and a signed contract with the Regional Health Authority.
- d) Persons acting as Self/Family Managers are expected to use the monies to employ staff, or an agency, to meet the assessed needs.
- e) An assessment by a WRHA Home Care Case Coordinator will determine the type and amount of service needed according to the standards applicable to the Home Care Program. This assessment will determine the amount of funding received by the Self or Family Manager.
- f) Clients in SFMC remain eligible for Home Care's professional services such as Nurses and Community Therapy Services.
- g) As per Manitoba Health policy, hiring of family members is not allowed except in unique circumstances and with the approval of the Director.
- h) As a Self/Family Manager you may hire an agency to provide care, or you may directly employ your own staff and thus take on full responsibilities as an employer including: Registering with CRA for payroll deduction, Employment Insurance, Workers Compensation, etc. **A payroll company can be hired to assist with these employer obligations. Alternatively, you may choose to engage a personal care agency to provide the care.**