



The facility my mom is in is great... but I don't think she is getting the attention she needs



"Dad wants to stay at home, but he is depending on me for everything! I'm so stressed out!"



"I'm not sure my mom is taking her medication at the right time and she sometimes mixes up her pills."

Comforts of Home - Care can Help!



About Comforts of Home - Care

Comforts of Home – Care has provided Companion care to people in Winnipeg and surrounding areas since 2006. No matter what your concerns, Comforts of Home – Care will help you find a solution for your elderly or disabled loved one.

We are a company of caring individuals who all share the same mission to make a difference in the lives of those we care for. Our dependable care and companionship helps seniors and people who are disabled stay in the comfort of their own homes. Our clients completely trust in our services because of our deep commitment to support each client.

Please read on to learn more about what our company can do for you!



Our Manifesto

It starts with a belief every life should be celebrated. Every person, young or old, limited in their abilities or not, deserves dignity regardless of their current contributions.

It demands respect for people regardless of any physical or mental frailty.

It requires compassion, patience and kindness.
It is leadership that listens, embraces innovation, and is uncomfortably transparent and accountable.

It rejects the idea loss of dignity, isolation or malnutrition is part of aging or living with a disability.

At Comforts of Home – Care we make a difference; Your Care Your Way



Our Services

The care we provide starts with you. Each person we meet has unique needs and wants. We want to care for you in the way you want to be cared for. *Your care is all about you!*

Please call to book a **FREE in-home** assessment!

Our caregivers may do anything a good son or daughter would do and more! Our services include:

- Caring Companionship
- Meal Planning and Preparation
- Incidental Transportation
- Light Housekeeping
- Personal Care
- Household Management Assistance
- Alzheimer's and Dementia Care
- Respite Care



204.949.3234

Funds for Services

You may be wondering how you are going to pay for private home care services. An option provided through the RHA of Manitoba including the WRHA is called the **Self or Family Managed Care** program. An eligible individual may use RHA funds rather than RHA services and apply these funds to pay for private care.

This program offers flexibility and reliability. You decide who comes into your home, when they come in and what they do! Use Comforts of Home – Care to screen and hire staff, and manage all employee related compensation.

Ask your existing home care Case Manager about the program or call directly: **204.788.8330**



Enjoy Assurance and Peace of Mind

• At Comforts of Home - Care, we take your care seriously!

We are the back-up plan! We don't rely on family to have a back-up plan. If a companion fails to arrive at their shift, we are alerted electronically. We are on-call 24 hours a day and 7 days a week to replace our companion or deal with any emergency that may arise. Family and clients have peace of mind knowing they can completely rely on our services.

"It's because of your help, kindness and understanding my mother was able to stay in her beloved home!" – **John N.**

Compatibility guarantee

If you are not happy with any of our professional caregivers, we will replace them until you're completely satisfied.

• Timeliness

We use a technology based clocking system that informs us when our employees arrive and depart each shift. This ensures accurate billing and reliability. We are alerted if our caregiver does not clock in on time for any reason.



Our Caregivers

Our caregivers are hired firstly for their caring nature. Our company provides training, but we can't train someone to be caring!

Our stringent screening process:

- An industry leading Caregiver Assessment is taken by each applicant to assess honesty, reliability and their strengths and weaknesses
- Thorough interview process
- Criminal background checks with vulnerable persons sector
- Child Abuse Registry
- Comprehensive personal and professional reference checks



Our caregivers must complete 4 hours of in person and 4 hours of online training prior to being assigned their first client. Our caregivers are trained with the prestigious Dementia Capable Care Course offered by Crisis Prevention Institute and 50 hours of online training through the Institute for Professional Education.

"I love what I am doing because I know when I walk into my clients' place they are happy to see me. The other day I went to one of my clients and spent the afternoon with her. As I was leaving I told her when I would be back and as I was walking out the door she said to me "I will miss you." It just made my heart skip a beat. I know I really make her day when I am there! I love listening to all the stories they have, and they really enjoy telling me stories!

- Noelle



Set Up Care

Before beginning services, we like to meet you and your family and jointly determine the scope of care. We start by conducting a FREE in-depth assessment of you or your loved one's lifestyle, medical conditions and the kind of assistance needed that will help them remain independent.

During the meeting, we fully explain the services available, answer any additional questions you may have, and help with the important care decisions faced by the family with a loved one in need.

Your personalized Care Plan includes:

- Matching the appropriate caregiver
- · Health and
- Daily routines
- · Home cleaning

medication issues

Nutrition and Meals

Emergency response

Transportation needs

Costs of services

"Thank you so much for all you provide. You bring me great peace and reassurance knowing my parents are well cared for in this time of their life."

- Andrew N.

NO-OBLIGATION – Don't delay – take advantage of this no-obligation opportunity to assess your needs and discover how we can improve your life and the life of your loved one.





Caregiver Bill of Rights

I have the right...

- ▼ To take care of myself. This is not an act of selfishness. It will give me the capability of taking better care of my loved one.
- To seek help from others even though my relatives may object. I recognize the limits of my own endurance and strength.
- ▼To maintain facets of my own life that do not include the person I care for, just as I would if he or she were healthy. I know that I do everything that I reasonably can for this person, and I have the right to do some things just for myself.
- To get angry, be depressed, and express other difficult feelings occasionally.
- ▼ To reject any attempts by my loved one (either conscious or unconscious) to manipulate me through guilt, and/or depression.

- ▼ To receive consideration, affection, forgiveness, and acceptance for what I do from my loved one, for as long as I offer these qualities in return.
- ▼To take pride in what I am accomplishing and to applaud the courage it has sometimes taken to meet the needs of my loved one.
- ▼ To protect my individuality and my right to make a life for myself that will sustain me in the time when my loved one no longer needs my full-time help.
- ▼ To expect and demand that as new strides are made in finding resources to aid physically and mentally impaired persons in our country, similar strides will be made towards aiding and supporting Caregivers.

To be myself





To request a FREE assessment or for more information please call (204) 949-3234 or email info@cohcinc.com.

Phone: 204.949.3234 (24 Hours a Day, 7 Days a week)

Website: ComfortsofHomeCare.ca

Email: info@cohcinc.com

After hours:

Press #1 to speak to a professional staff member right away.
Press #2 to leave a non urgent message after hours.

Regular Office Hours: 8:00 am to 5:30 pm

Toll Free: (866) 949-3234

Main Office:

262 Marion Street, Winnipeg

